# **Neurotherapy Clinician**

NeuroGrove, Integrative Brain Wellness Denver, Colorado www.neurogrove.com

NeuroGrove is an integrative, brain-based wellness center that strives to promote optimal health of the brain, mind, body, and spirit. We are currently seeking a passionate and dedicated individual to join our growing practice as a neurotherapy clinician.

Here at NeuroGrove, we value self-care and a healthy lifestyle as the core of both physical and mental health. However, we have also seen that people are often better able to make necessary changes to their diet, lifestyle, behaviors, and relationships when their brains are functioning at their best. Thus, we offer a variety of integrative neurotherapy modalities to address each individual clients' needs, as well as peripheral biofeedback, psychotherapeutic support, mindfulness training, cognitive exercises, and brain-body wellness education. We also collaborate closely with several other integrative practitioners, including functional medicine doctors, psychotherapists, nutritionists, yoga therapists, massage therapists, and more.

NeuroGrove serves clients with a variety of physical, cognitive, and emotional challenges, including concussion/traumatic brain injury, anxiety, posttraumatic stress, developmental trauma, depression, attention deficit/hyperactivity disorder, memory problems, chronic headaches/migraines, and more. We also provide optimal performance training for athletes, students, meditators, executives, and other healthy clients who desire to gain an edge in whatever they do.

Additionally, NeuroGrove implements a scientist-practitioner model by collecting and analyzing pre-post data on all our clients. We are actively involved in presenting and publishing research, as well, which informs the evaluations and interventions we provide to our clients. This makes NeuroGrove an optimal learning environment for clinical students and/or clinicians wanting to improve both their clinical and research skills.

For more information about our practice, please visit www.neurogrove.com

## **Responsibilities:**

The Neurotherapy Clinician position involves a variety of responsibilities, with the majority of time spent in direct work with clients. The clinician will primarily perform duties required for neurofeedback, neurostimulation, and biofeedback sessions, including client preparation, signal acquisition, protocol monitoring, and completing clean-up regimens. The clinician will also provide emotional support, train clients in self-regulation/mindfulness skills, and support them in their wellness goals. Additionally, the hired clinician will assist with educational/experiential workshops for clients and the community, which will include some evening and weekend hours. In such cases, hours will be adjusted and/or compensated accordingly. The hired clinician will also assist with other office tasks as necessary, such as phone calls, documentation, and preparation of educational materials for clients. Depending on interest and writing skills, the hired clinician might help with blogging and other online content for the business, as well.

### **Qualifications:**

This position requires a master's level education in any of social work, psychology, counseling, or other mental health field. Student interns or recent graduates acquiring hours will also be considered. Preference will be given to those with a clinical license (e.g., LCSW, LPC, etc.). Psychotherapy, neurofeedback, and/or biofeedback experience and certification (BCN/BCB) is preferred but not required. If the hired clinician has not yet attained BCN certification, he/she will receive training and mentoring through this position and will be expected to complete BCN certification within the first six months of employment.

## **Desirable Knowledge and Skills:**

Key skills for this position include excellent people skills, strong communication skills, and intermediate-level computer/technology skills. The ideal candidate will be self-motivated, a fast learner, and have an enthusiasm for continual learning and personal growth. Desirable knowledge would include a basic understanding and interest in topics such as: integrative mental health, neurophysiology, mindfulness, EEG, neurofeedback, biofeedback, EMDR, nutrition, somatic therapies, and/or functional medicine. All team members are also encouraged to engage in professional development of relevant skills and knowledge on a regular basis, consistent with the nature of rapid change and expansion occurring in the fields of neurotherapy, neuroscience, and mental health.

#### **Schedule:**

Specific hours for this position are negotiable and an appropriate schedule will be determined between Dr. Bell and the prospective clinician. This position will start as part-time with the option to move into full-time after BCN certification and/or the probationary term of 3 months.

### **Compensation:**

Competitive compensation will be determined in accordance with level of experience, education, licensing, and training. NeuroGrove will also provide opportunities for bonuses and upward growth over time.

#### **Additional Benefits:**

During your time with NeuroGrove, you will have the opportunity to optimize your own brain-body wellness through self-training in neurotherapy and biofeedback, using an individualized training program created for you by Dr. Bell based on your own brain assessment. You will also have the opportunity to participate in experiential workshops and webinars, receive extensive education on various health-related topics, and be supported in your personal wellness goals. Mentoring/supervision and practice hours required for certification and LCSW/LPC licensure will be provided as necessary.

## To Apply:

Please send cover letter, resume, and references to Dr. Ashlie Bell at: drbell@neurogrove.com