



BCIA Recertification - Continuing Education Hours Summary of Requirements

Candidates for recertification must complete 48 of accredited continuing education (Senior Fellows and Technicians only 30 hours), including 3 hours of professional standards and ethics, *all related to the blueprint*, relevant to biofeedback or neurofeedback and/or the disorder you may be treating with the majority of your hours being biofeedback/neurofeedback specific. **Individuals certified in both General and Neurofeedback may use CE credits from accredited providers for recertification in both programs.*

If for any reason you are unable to complete continuing education, you may take the written certification exam.

Recent changes you may wish to note:

- **Reduced Fees** – If you are dual certified (meaning you are certified in more than one area), every other recertification is reduced. If you are semi-retired (meaning you work professionally 20 hours a week or less), your recertification fee is reduced.
- **Online Continuing Education:**
 - BCIA **webinars** – one can attend a 90-minute online presentation and complete an evaluation and quiz to earn 1.5 hours of ce toward recertification. Mentoring webinars are worth 1 hour of CE. Webinars may be attended live or through the recordings.
 - Online **articles and quizzes** are available for 1 hour of ce.
 - **Massive Open Online Courses (MOOCs)** are free educational opportunities providing courses and instructors from many top universities. If you find a course you are interested in for either your human anatomy/physiology requirement OR for CE credit toward recertification, please send us all the information and we'll let you know if your option will be accepted. Check them out!
- **Formal Mentoring** - A maximum of 20 hours of formal mentoring may be used as part of your required ce (10 hours for Technicians). This work must be done by a BCIA-approved mentor selected using the same parameters as when seeking original certification. Additionally, the work done must be logged and signed off by both the mentor and the candidate using a form found on the website.
- **Ethics/professional Conduct** - 3 hours of accredited ethics or professional conduct work is required.
- Previously you were required to complete 25 hours of elective continuing education in addition to the accredited hour requirements. That is no longer required; however it is still recommended that you continue to study and learn more in your field through reading and other non-accredited activities.

How to earn CE hours toward recertification:

College Courses - Registered attendance in an undergraduate or graduate course approved and offered through a regionally accredited academic institution.

Professional Instruction/Presentation –Teaching at a regionally accredited academic institution or at a nationally recognized, accredited professional venue is counted as class time plus two hours of preparation time are allowed for each hour of instruction time.

Professional Organization Courses - Continuing education courses offered through a national professional organization or private agency. Such courses must be approved through an accrediting agency (e.g., AMA, ANA, APA, etc.). Documentation should indicate the accrediting agency. Additionally courses taken at AAPB and ISNR may be used.

Professional Preparation - Authorship of a peer-reviewed document (journal, manuscript, written or edited textbook chapter, platform or poster presentation critiqued or otherwise reviewed by formally designated professional colleagues). Credit for publications is allowed as follows:

Book authored	40
Book edited	40
Book chapter	20
Journal article	10
Masters thesis	20
Dissertation	40

Presentation - *based on the accreditation and the topic, but could be counted that for every 1 presentation hour, you could also receive an additional 2 preparation hours.

Mentoring - up to 20 hours of formal mentoring across the 4 years of certification, so long as it was appropriately documented by a BCIA approved mentor using the BCIA log sheet as documentation of the work. (10 hours for technicians).

Research - Per special review on an individual basis.

Chapter/State Meetings - State/Regional Biofeedback Society Meeting hours apply toward recertification.

Distance Education/Home Study Courses - Courses relevant to the Blueprint offered by a regionally accredited university, the national body of your profession, or a BCIA accredited training program.

Patent - Approved patents within a Blueprint area - 10 hours.

Mentoring of Candidates - BCIA approved mentors should submit candidate's name, address and phone number. Upon verification, BCIA allows five continuing education hours for each candidate if a minimum of 15 hours mentoring was provided. The candidate must have filed a valid application for certification.

Exam Item Construction - One-half hour of accredited continuing education will be given for reading an article, documented published book or study from a peer reviewed journal and preparing an examination question. The examination item should be comprised of a question, correct answer and three distractors (incorrect answers), and sourced from the Suggested Reading List. A maximum of 20 hours per four-year certification period is allowed (i.e., 40 questions maximum). Test question forms are available from BCIA upon request or on the website at bcia.org.