






Biofeedback Association of South Africa

THE ROLE OF BIO-NEUROFEEDBACK IN SELF-REGULATION AND NEUROPLASTICITY

Program for Saturday 3 June 2017

Venue: Boston Scientific Centre, 6 Anslow Crescent, Bryanston

TIME	TOPIC	PRESENTER
8:00-8:15	Registration; Survey ; AGM Agenda	BFSA
8:15-9:00	<p>Biofeedback in Pelvic Floor work</p> <p>Dr Lizelle Grindell is an Applied Electro-Psychophysiology and Biofeedback Practitioner in the first dedicated institute in South Africa, specialising in pelvic floor dysfunctions in both adults and children. She is the Chair of The Enuresis Academy of South Africa.</p>	<p>DR LIZELLE GRINDELL</p> 
9:00-10:00 Live Webinar	<p>Lessons from the Neuroscience of Addiction</p> <p>Dr Fred Shaffer is the president of the BCIA. He received the Outstanding Research Mentor award at Truman in 2013. His speciality area is Biofeedback.</p>	<p>DR FRED SHAFFER</p> 
10:00-10:30	TEA BREAK	
10:30-11:30	<p>Limitless you: Balance Body and Brain</p> <p>Prof Peet du Toit is an authority in the field of Neuroscience. He is a professor of Neuroscience and Physiology at UGSM Monarch Business School in Switzerland and the Head of the Neuroscience Group at the University of Pretoria. He has received various academic rewards and published many articles.</p>	<p>PROF PEET DU TOIT</p> 
11:30-12:30	<p>BFSA Annual General Meeting</p> <p>Louise van der Westhuyzen is a registered Occupational Therapist from the Western Cape and a founding member of the BFSA. She has 25 years experience in the Mental Health and Peak Performance fields. She dedicates much time and effort to promoting Biofeedback in the Health Care field in South Africa. Louise is the president of the BFSA.</p>	<p>LOUISE VAN DER WESTHUYZEN</p> 
12:30-13:30	LUNCH	

TIME	TOPIC	PRESENTER
13:30-14:30 Live Webinar	<p>Making Sense of Optimal Performance Training</p> <p>Dr Leslie Sherlin is the president elect of the ISNR. Dr Sherlin is an expert in the field of Neuroscience and Peak Performance. He holds four academic appointments. Dr Sherlin's work has been featured in the Wall Street Journal, BBC, CNN and more. He is listed in the United States Olympic Committee Sport Psychology and Mental Training and is a sought after public speaker.</p>	<p>DR LESLIE SHERLIN</p> 
14:30-15:30 Live Webinar	<p>Open Focus™ and Multi-Channel Phase Synchrony</p> <p>Dr Les Fehmi is a clinical psychologist, Biofeedback researcher and author from New Jersey. He has lectured at various tertiary institutions in the States including Loyola University in LA and Temple University in Philadelphia. Susan Shor-Fehmi is the executive director at Princeton Biofeedback Centre. She has been teaching Open Focus™ and Neurofeedback for more than 20 years.</p>	<p>DR LES AND SUSAN FEHMI</p> 
15:30-16:00	TEA BREAK	
16:00-17:00 Live Webinar	<p>Neurophysiology of Mechanisms Underpinning Pain and Headaches and Treatment Options</p> <p>Dr Rich Sherman holds a doctorate in Psychobiology. He is a renowned teacher in Behavioral Medicine and related fields as well as a researcher and clinician. He is the author of many books and articles. Dr Sherman is also the Dean of the Clinical Psychophysiology Doctoral Program at the University of Natural Medicine.</p>	<p>DR RICH SHERMAN</p> 

Pre Program Friday 2 June 2017 15:00-19:00

Venue: Kip McGrath Centre, 316 Trichardt Road
Parkdene, Boksburg
Gauteng

Equipment training (Brain Master and Thought Technology)

Post Program Sunday 4 June 2017 09:00-13:00

Venue: Kip McGrath Centre, 316 Trichardt Road
Parkdene, Boksburg
Gauteng

CLINICAL DISCUSSION GROUPS:

- NF for ADHD & Learning Difficulties
- qEEG interpretation for protocol decisions
- Thought Technology use of screens for learners
- ISF Clinical Discussion Group
- qEEGs and legal work

