

Board Certification Requirements

To begin, one must first select the program of interest. We currently have 3 certification programs:

Biofeedback is an overview of all biofeedback modalities including EMG, Thermal, GSR, HRV, and an introduction to neurofeedback. Certificants may use any of these modalities that are appropriate to the diagnoses and disorders that may be treated under the scope of their profession.

Neurofeedback, or EEG Biofeedback, is strictly brain wave training and does not include any other modality. Certificants may use neurofeedback to treat the diagnoses and disorders that may be treated under the scope of their profession.

Pelvic Muscle Dysfunction Biofeedback is specific for licensed providers to use EMG biofeedback and behavioral interventions to treat elimination and pelvic pain disorders.

It is advised that one become familiar with the various biofeedback modalities and select the certification program that works best with your current or anticipated client base. Both AAPB and ISNR have good information documenting research-based efficacy related to specific disorders.

All certification programs are based on the demonstration of:

- pre-requisite educational degrees, except for the Technician level program.
- proof of human anatomy/physiology, human biology course work. This requirement may be documented by a university course or courses, a BCIA accredited course, or the BCIA study on your own option.
- didactic course work that is based on the Blueprint of Knowledge statements that cover the fundamental science, history and theory of biofeedback specific to that certification program. This course work is taken through a BCIA accredited training program, both face to face or distance education venues or at a university who specifically teaches a program based on our blueprint.
- clinical training or mentoring to learn the application of skills. A BCIA certified or approved mentor is selected by the candidate for a specified amount of contact hours.
- written certification exam is offered either in hard copy or online at scheduled exam sites or special exam option using an approved proctor in your area.

Certification is not a substitute for state sanctioned license. BCIA's certificants must carry an appropriate license/credential valid in the state of practice in a BCIA-approved health care field when treating a medical or psychological disorder. If unlicensed, the certificant must work under appropriate supervision. The licensing body of your bio or neurofeedback provider or their supervisor has legal jurisdiction over his or her clinical practice.